

# Lakeridge Pacer Report

Volume 14, Issue 9

Published Monthly

August/September 2009

## PRINCIPAL'S LETTER

Dear Lakeridge Parents and Families,

We are very excited to begin the **2009-10** school year and we are expecting this year to be the best year ever! Thanks to your successful efforts to make Homecoming 2008 a neighborhood-friendly event, and thanks to our closest neighbors who enthusiastically support the home game idea, we are now planning to have all home football games right here at home for the 2009 season. And, as you know, this is a historical “welcome home” year for our new head football coach Tom Smythe, who returns to lead the Pacers after serving as head coach at McNary HS and Evergreen HS in Vancouver, WA. During his coaching career, Smythe has led three Oregon teams to state championships in the large school division, including our own 1987 Lakeridge Pacer state championship—the only state championship in football history for either high school in the Lake Oswego School District.

Football fans and pep band fans will be thrilled with another new Pacer hire, our new band director, Corey Alston. Corey will join the Pacers following a long-distance move from his home in New York and his alma mater, Indiana University, where he graduated with distinction. Corey was the first-choice candidate among 40 applicants for the Lakeridge/Waluga band director position. The rigorous interview/audition process required each of the six finalists to direct a 37-piece band, consisting of volunteer LOHS and Lakeridge band students who sacrificed one of their sunny summer days to assist in the selection process. Lakeridge thanks LOSD music coordinator, Dave Mathys, for his tireless commitment to finding the “best of the best” to replace legendary Rick Tippets after 31 years of service.

Our school office is open during the summer and we enjoy seeing current, former and future Lakeridge students and families. Please call or drop by if you would like to meet with any member of the administrative team. If you know someone who is considering a move to our community, please encourage them to call us at 503-534-2319 and set up a personal tour to learn more about what Lakeridge has to offer.

Please mark your calendars for all of the upcoming activities and events including student registration, the Back-to-School BBQ, and our special orientation day for 9<sup>th</sup> graders and new students. Our goal is to make sure that all of our students, parents, teachers, staff and administrators all work together to create a school community that is safe, respectful, and inviting.

Our administrative leadership team includes four individuals who are here to serve you and your families. We all have an “open door” leadership style, and we invite all current, past, and future Lakeridge parents and students to call and/or drop in to see us anytime.

We can be reached by e-mail, phone, or in person!

Mike Lehman, Principal (503) 534-2260  
[lehmanm@loswego.k12.or.us](mailto:lehmanm@loswego.k12.or.us)

Eryn Bagby, Assistant Principal (503) 534-2258  
[bagbye@loswego.k12.or.us](mailto:bagbye@loswego.k12.or.us)

Jason Wold, Vice Principal (503) 534-2266  
[woldj@loswego.k12.or.us](mailto:woldj@loswego.k12.or.us)

Ian Lamont, Athletic Director (503) 534-2259  
[lamonti@loswego.k12.or.us](mailto:lamonti@loswego.k12.or.us)

Sincerely,  
Mike Lehman  
Principal

## Lake Oswego School District CLOSED CAMPUS POLICY

Lake Oswego Public Schools operate on a closed-campus basis. Upon arrival, students remain on the school grounds for the duration of the school day unless they receive specific permission to leave the campus through the Attendance Office. No long-term permission for off-campus lunch will be granted. Students must check in/out through the Attendance Office for an absence to be excused.

## Quick Reference Information

Attendance Office 534-2322  
Counseling Office 534-2320  
Main Line 534-2319  
Administration 534-2321  
Sports Information [www.highschoolsports.net](http://www.highschoolsports.net)  
Web page <http://lhs.loswego.k12.or.us>

## COUNSELING

Mrs. Stacy Mejak (A-Gi), Ms. Paula Emery (Gj-N), and Mr. Lee Brown (O-Z) are our Lakeridge Counselors for the 2007/08 School Year. They will work with students and parents in all areas of guidance and counseling, including curriculum selection and academic issues, personal/social issues, and career and college planning. Counselors can be reached at the **Counseling Department (503-534-2320)**. Ms. Julie Batson is the Counseling Secretary.

Parents who wish to obtain information about Special Services (IEP's or testing) should contact **The Special Ed Office at (503-534-2269)**

For the Library, contact **Patty Sands (534-2319 ex 2402)**.

## August

Aug 26-27 Schedule adjustments for returning students---drop-in only 8am to 5pm  
Aug 25-27 Registration---pay fees, check out books, school pictures, etc.

## September

Sept 8 New Student enrollment and Freshman/New Student Day  
Sept 9 SAT registration deadline for the Oct 10<sup>th</sup> test  
Sept 21-25 Senior Conferences during English classes  
Sept 23 SAT late registration deadline for the Oct 10<sup>th</sup> test  
Sept 23 **Senior Parent College Application Meeting 5:30 pm - Rotunda** before Back To School Night  
Sept 29 **Senior Parent College Application Meeting 9am or 2 pm - Rotunda**

## October

Oct 1 SAT registration deadline for the November 7<sup>th</sup> test  
Oct 10 **SAT Testing Day**  
Oct 15 SAT late registration deadline for the November 7<sup>th</sup> test  
Oct 12 OUS Visitation 10am to 11am  
Oct 14 PSAT for sophomores and juniors  
Oct 25-30 Freshman Conferences  
Oct 25 **ACT Testing Day**  
Oct 25 **National College Fair 9am-12pm, Oregon Convention Center**  
Oct 26 **National College Fair 1pm-5pm, Oregon Convention Center**



## CAREER & COLLEGE PLANNING

**THE LAKERIDGE SCHOOL  
CEEB /ACT CODE NUMBER IS  
380573**

### **SAT/ACT test preparation classes:**

Kaplan	222-5556	
Marylhurst	636-8141	X6260
Portland Community College	731-6622	
Princeton Review	226-2114	
Saturday Academy	690-1190	
Sylvan Learning Center	692-5080	
Community School	635-0302	
Score Prep	1-800-PREP-182	

**You can also Google for online test preparation or check our counseling webpage on Lakeridge's website for more online links and information.**

## **THIS N' THAT**

### **IMPORTANT SENIOR PARENT MEETING!**

Be sure to make time at 5:30pm on September 23<sup>rd</sup> (before Back to School Night) or on September 29<sup>th</sup> at 9am or 2pm to hear the Lakeridge counselors explain this year's college application process. We will meet in the Rotunda and let you know how to use Naviance and what the application procedure is. Even if you've gone through college applications with a previous child, or you attend Scholars Alliance or have a private college counselor, it is important to get current information on Lakeridge's college application procedure. There are several things to keep in mind as well as deadlines to keep an eye on, that you can help your senior with. We will be meeting with all senior students the week of September 21<sup>st</sup> to go over this process with them also.

### **IT'S NOT JUST ABOUT FOOD!**

Students who qualify for free or reduced-price meals may be eligible for waived or reduced fees for other school expenses, for college application fees, and for other programs such as AP, SAT and ACT testing. To see if your family qualifies for free or reduced-price meals, apply through district Food Services. If approved, take the verification letter to your school counselor. He or she will be happy to provide you with additional information.

### **Opting Out of Releasing Student Contact Info to the Military**

Junior and Senior contact information MUST be released to the military according to federal law No Child Left Behind. High schools across the country are required to release contact information of all juniors and seniors to the military. This information includes the student's name, address, and home phone number. However, the student or the parents of a student may request that this information not be released. If you or your student would like to have Lakeridge withhold contact information, make sure you mark the appropriate box on the **Student Verification Form** that you receive this summer. The form must be returned to our data processor for entry into our student information system. We will generate the list of students that we need to release to the military from the information we get from the returned forms. For more information, go to:

[www.ed.gov/policy/elsec/leg/esea02/pg112.html](http://www.ed.gov/policy/elsec/leg/esea02/pg112.html) and click on Section 9528. You can also look at the Lake Oswego School District website. Go to Parent Info, Policies, Next, Student Records, and scroll down to the bottom of the page.

### **BOOKS THAT CAN HELP**

Active Parenting of Teens: A Parent's Guide by Michael Popkin, Ph.D.

Bringing Up Parents: The Teenager's Handbook by Alex J. Packer, Ph.D.

Closing the Gap: A Strategy for Bringing Parents and Teens Together by Jay McGraw

"Get Out of My Life, But First Could you Drive Me and Cheryl to the Mall?" by Anthony E. Wolf, Ph.D.

The Good Enough Teen: Raising Adolescents with Love and Acceptance by Brad Sachs, Ph.D.

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish

My Teenager Is Driving Me Crazy by Joyce L. Vedral, Ph.D.

Parenting Teenagers: Systematic Training for Effective Parenting of Teens by Don Dinkmeyer Sr., Gary McKay, Joyce McKay, and Don Dinkmeyer Jr.

Parenting Teens with Love & Logic: Preparing Adolescents for Responsible Adulthood by Foster W. Cline, M.D., and Jim Fay

Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love by Scott P. Sells, Ph.D.

Parent, Teens, and Boundaries: How to Draw the Line by Jane Bluestein

Please Stop the Rollercoaster! How Parents of Teenagers Can Smooth Out the Ride by Sue Blaney

Stop Struggling with Your Teen by Evonne Weinhaus and Karen Friedman

Surviving Your Adolescents: How to Manage and Let Go of Your 13-18 Year Olds by Thomas Phelan, Ph.D.

Uncommon Sense for Parents with Teenagers by Michael Riera, Ph.D.

Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen by David Walsh, Ph.D.

## PARENT SUPPORT GROUPS

### P.E.E.R.S.

#### P.E.E.R.S.

All Pacer Parents are welcome to attend **PEERS** meetings (**P**arents **E**ncouraging **E**ducation, **R**ecognition and **S**ervice). Meetings are held monthly in the Rotunda and include updates from **Principal Mike Lehman** and **Counselor Lee Brown**. Various speakers are invited to address topics such as College Planning, Fostering Responsibility, Drug and Alcohol Awareness, etc. Parents consistently find that these meetings are relevant and helpful to stay connected as students navigate through Lakeridge.

**PEERS** Board members also support the Counseling Department throughout the year with college visits, Scholars Breakfast and Merit Awards. Look for upcoming announcements regarding our future meetings.

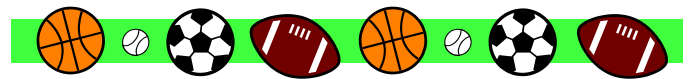
For more information, or to get placed on the PEERS email list, please contact **PEERS** President **Michelle Kitto** at (503) 697-8208 or [mlkitto@comcast.net](mailto:mlkitto@comcast.net)

## PACER CLUB

Well it's time to get the school year started Pacer family and the Pacer Club is excited to be a part of it as always. I personally can't wait to see what is in store for all of us during the upcoming year. I also look forward to meeting parents and students alike that I have not yet had the chance to meet so far in the Lakeridge community. Go Pacers!

Mark Sipiora  
President, Pacer Parent Club

## PACER ATHLETIC CLUB



### About Us

The purpose of the Pacer Athletic Club (PAC) is to raise funds to support the Lakeridge High School (LHS) Athletic Programs including both OSAA recognized and LHS Club Sports. The funds will provide equipment, services and other needs beyond the district's capability.

For more information visit our website:

[www.pacerathleticclub.com](http://www.pacerathleticclub.com)

Or contact:

Greg Luevano (Pres.) at [g\\_luevano@comcast.net](mailto:g_luevano@comcast.net)

Nancy Kirk (Sec.) at [naro2@aol.com](mailto:naro2@aol.com)



## TID BITS



### **HONORS/AP ENGLISH TESTING FOR NEW STUDENTS TO LAKERIDGE**

The AP/Honors English test for students new to Lakeridge will take place on Monday, August 31 from 2:00-3:00 in Room F-6. Students need to pick up an application packet from Corey in Lakeridge's front office prior to the test date, if possible. During the test, students will read a literary selection and complete an impromptu essay that demonstrates their literary analysis skills and writing abilities. Completed application letters and teacher recommendations are due at this time. If the testing date conflicts with a scheduled event, affected students should contact Ryan Bernard, the English Department Chairperson, prior to August 31 to make other arrangements. This will be the only exception to the date and time. Any new students wishing to be enrolled in AP/Honors English this coming year must apply now, including those juniors and seniors who may decide to opt-in. There will be no later opportunity. Students who are interested should also pick up the summer reading/writing assignment from Corey as the assigned work is due on the first day of school.

Please email Ryan Bernard, [bernardr@loswego.k12.or.us](mailto:bernardr@loswego.k12.or.us), with any questions.

The Pacer Report will **no longer** be available in hard copy form. This is the last PR we will be sending home. Each month we will email the Pacer Report and post it online at the Lake ridge website. Last year we were able to only send 80 copies out each month, and this year we are moving to a completely electronic version. Please be sure to read it each month for important information, dates, and the principal's monthly message. Thanks for your understanding in this new change.



\_\_\_\_\_

LAKERIDGE HIGH SCHOOL  
1235 SW OVERLOOK DRIVE  
PO BOX 739  
LAKE OSWEGO, OR 97034

