

Lakeridge Pacer Report

Volume 14, Issue 10

Published Monthly

October 2009

PRINCIPAL'S LETTER

Dear Lakeridge Parents and Families,

We are enjoying an exceptionally successful first quarter here at Lakeridge High School. Our Back-To-School Night was a great success. Thank you for coming! For those of you who missed it, the official program began with members of the orchestra performing in the auditorium lobby as parents arrived. The curtain opened with Company performers energizing the auditorium with their high-energy rendition of "I've Got the Music in Me." We also featured our ASB student government leaders and Link Crew members who guided Pacer parents through an abbreviated schedule of classes. Our Lakeridge teachers did an outstanding job of providing a snapshot of course goals, grading options, preferred communication plans and course expectations. The most common comment from parents was, "I can see why my kids are so happy here, and I almost wish I go through high school again, right here at Lakeridge!" Apparently there were no homework assignments or exams on Back to School Night.

We are also experiencing our first football season with all home games right here on our Lakeridge campus. We appreciate all of your efforts to follow our "Good Neighbor" traffic and parking plans. Almost all of our Pacer fans walk to the football games, ride shuttle busses, or carpool with friends. Every game has its own unique parking plan, so please make sure you check our website to learn the game plan for parking at every home game. Also, encourage your Pacer students to carpool and park at the Christian City Church lot where we always have a fun tailgater before every home football game. Also, don't miss an opportunity to thank our closest neighbors for supporting our home games right here at Lakeridge.

Our ASB and Link Crew students are doing a great job helping our freshmen students feel comfortable and welcome at Lakeridge. The enthusiasm is

powerful and contagious. Attendance is growing at games and events (over 400 students at the LO vs. Lakeridge Volleyball game) and there is a renewed interest in performing at exceptionally high levels in every classroom, and on AP, SAT, ACT and state assessments. This year, once again, we will provide free PSAT testing to sophomores and juniors on October 14th. Testing will be in the morning, and it will be a half-day for students.

Thanks again for all of your support!

Sincerely,
Mike Lehman
Principal

Lake Oswego School District CLOSED CAMPUS POLICY

Lake Oswego Public Schools operate on a closed-campus basis. Upon arrival, students remain on the school grounds for the duration of the school day unless they receive specific permission to leave the campus through the Attendance Office. No long-term permission for off-campus lunch will be granted. Students must check in/out through the Attendance Office for an absence to be excused.

Quick Reference Information

Attendance Office	534-2322
Counseling Office	534-2320
Main Line	534-2319
Administration	534-2321
Sports Information	www.highschoolsports.net
Web page	http://lhs.loswego.k12.or.us

CALENDAR

Events are subject to change without notice. Please refer to Lakeridge's online calendar for the most up-to-date information.

<http://lhs.loswego.k12.or.us/calendar/school.htm>

OCTOBER

- 5 Senior Sportswear orders due
- 6 Senior Grad Activity Parent meeting, 6:30pm-Library
- 9 NO SCHOOL
- 12 Oregon University System visit – required for Jrs.
- 13 POPS meeting, 7:00pm-Band room
- 14 PSAT testing for Soph and Jrs.
11:55am Early dismissal
- 15 Picture re-takes, 7:00am-1:00pm-Cafeteria
PEERS meeting, 9:15am-11:00am - Rotunda
- 20 LHS/Waluga Orchestra Concert, 7:30p-Auditorium
- 23 NO SCHOOL
Homecoming Parade, 2:00pm-Downtown LO
Homecoming Game vs Rex Putnam, 7:00pm - LHS
- 24 ACT Testing, 8:00am
Homecoming Dance, 8:00pm-11:00pm - Cafeteria
- 26 LHS/Waluga Choir Concert, 7:30m-Auditorium
- 26-30 Freshman conferences in English classes
- 27 Senior Class meeting, 10:20am-Football field
- 29 Halloween Night for grade school students, 5:30pm

NOVEMBER

- 1 Daylight Savings Time ends-fall back 1 hour
- 3-4 Graduation orders due from seniors-Sr. Commons
- 4 JR High Students & Parents Open House, 7pm-Auditorium
- 5 Last Day of 1st Quarter
- 6 NO SCHOOL – grade prep
- 7 SAT Testing, 8:00am-LOHS
- 9 Winter sports practice begins
Choir Parent Meeting, 7:00pm – Choir Room
- 10 POPS meeting, 7:00pm-Band room
- 11 NO SCHOOL – Veteran's Day
- 13-14 "Beauty & the Beast" musical, 7:30pm, Auditorium
- 16 Financial Aid Info Night, 7:00pm-Auditorium
- 19-21 "Beauty & the Beast" musical, 7:30pm, Auditorium
- 24 TRL Jazz Competition, 1:20pm - LOHS
- 26-27 NO SCHOOL – Thanksgiving Weekend

DECEMBER

- 2 Wreath & Poinsettia distribution, 7am-6pm-Auditorium
- 8 POPS meeting, 7:00pm-Band room
- 12 ACT Testing, 8:00am-LHS
- 21- Jan 1 Winter Break

COUNSELING

Mrs. Stacy Mejak (A-Gi), Ms. Paula Emery (Gj-N), and Mr. Lee Brown (O-Z) are our Lakeridge Counselors for the 2007/08 School Year. They will work with students and parents in all areas of guidance and counseling, including curriculum selection and academic issues, personal/social issues, and career and college planning. Counselors can be reached at the **Counseling Department (503-534-2320)**. Ms. Julie Batson is the Counseling Secretary.

This year we are fortunate to have Jennifer Reeves serve with us as a counseling intern. She is a Lewis and Clark student who will be working with the counseling department all year.

Parents who wish to obtain information about Special Services (IEP's or testing) should contact **The Special Ed Office at (503-534-2269)**

For the Library, contact **Patty Sands (534-2319 ex 2402)**.

OCTOBER 14th

October 14th will be a half-day for freshmen, sophomores, and juniors. There will be planned activities for the freshman class, while the sophomores and juniors will be taking the PSAT. The senior class has been given this day to work on completing their Career-Related Learning Experience requirement needed for graduation.

NATIONAL TESTS

PSAT TEST- The PSAT test will be given at Lakeridge on Wednesday, October 14th to ALL Sophomores and Juniors for FREE. The testing time is approximately 3 hours long. Students are to be here at 7:35 a.m. This is a very important test for Sophomores and Juniors who plan to go on to college.

For Juniors, taking the test is the first step on the road to college.

By taking the PSAT you can:

- Practice for the SAT I.
- Enter scholarship competitions.
- Request that colleges send you information about programs, activities, and financial aid.

Find out if you have the reading and math skills you'll need to succeed in college.

Report of Correct and Incorrect Answers - A report will be returned to each student who takes the PSAT, together with a copy of the test, showing his or her correct and incorrect answers. This information can be helpful. In the verbal section, for example, students can determine if their achievement in any one of the four types of questions was considerably weaker than in the other types. In preparing for the SAT, these students might well profit from concentrated practice in weak areas.

How Important Are the PSAT and SAT? Scores on the PSAT are used to determine the eligibility of students for the National Merit and other scholarship awards. PSAT scores are not reported to colleges. The SAT (and ACT) continues to be one of the most important considerations for admission into college.

Possible Disadvantages to Students--We can anticipate possible negative effects of early involvement in the college testing program. A student's test anxiety might increase rather than decrease and too much emphasis might be placed on the test as the important factor in preparing for college at the expense of what should be the student's first priority: working hard in academic courses throughout the school years. For students who traditionally test poorly, this additional experience might add to their frustration.

Check for SAT and ACT Test Dates and Registration Deadlines in the calendar **below, or at** www.collegeboard.com and www.act.org

October

- 2 ACT late registration deadline for Oct 24th test
- 10 **SAT Testing Day**
- 12 OUS Visitation 10 am to 11 am
- 14 PSAT for sophomores and juniors
- 15 SAT late registration deadline for the Nov 7th test
- 24 **ACT Testing Day – 8:00 a.m.**
- 25 **National College Fair 9am-12pm, Convention Center**
- 26 **National College Fair 1pm-5pm, Convention Center**
- 26-30 Freshman Conferences
- 30 Last day to register for the Dec 5th SAT

November

- 1 UO and OSU early notification applications due
- 4 8th/7th grade Open House
- 6 Last day to register for Dec 12th ACT
- 7 **SAT Testing Day**
- 12 Last day to late register for Dec 5th SAT
- 16 Financial Aid Night 7 pm Auditorium
- 20 Last day to late register for Dec 12th ACT



CAREER & COLLEGE PLANNING

**THE LAKERIDGE SCHOOL
CEEB /ACT CODE NUMBER IS
380573**

SAT/ACT test preparation classes:

Kaplan	222-5556	
Marylhurst	636-8141	X6260
Portland Community College	731-6622	
Princeton Review	226-2114	
Saturday Academy	690-1190	
Sylvan Learning Center	692-5080	
Community School	635-0302	
Score Prep	1-800-PREP-182	
SAT Review Courses	591-0228 or 259-9990	
PSAT/SAT	503-697-0683	

You can also Google for online test preparation or check our counseling webpage on Lakeridge's website for more online links and information.

COLLEGE VISITATIONS TO LAKERIDGE

Be sure to check our college visitation schedule for this fall. College admission representatives from schools across the country and a couple of international schools visit us every year.

The schedule can be found by logging on to Naviance at <http://connection.naviance.com/lakeridgehs>.

Sign up on Naviance by clicking the appropriate button. Parents are welcome to attend

Access to applications and other essential information about ALL California community colleges, ALL state universities, ALL private colleges and ALL University of California campuses.

<http://www.collegedata.com/cs/index.jhtml>

Comprehensive website for college admissions help. You can also search for colleges and scholarships.

<http://nces.ed.gov/ipeds/cool/>

U.S. Department of Education college search tool including information about admissions, financial aid, enrollment, academics, and other guidebook information.

<http://MyCollegeOptions.com/index.asp>

Free research-a-college service matching students with the right colleges, universities, or other career and educational opportunities.

<http://www.edufax.com/highschool.html>

Another comprehensive website for the college bound student.

THIS N' THAT

SELECTIVE SERVICE REMINDER

All young **men** are required by federal law to register with the Selective Service within 30 days of their 18th birthday. Individuals who fail to register are subject to fines and/or imprisonment and will be ineligible for Federal student loans and grants, most Federal employment, job training under the Job Training Partnership Act, some state employment, and other benefits. All 18-year-old males may register at any U.S. Post Office. You can also register online at www.sss.gov.

Opting Out of Releasing Student Contact Info to the Military

Junior and Senior contact information **MUST** be released to the military according to federal law No Child Left Behind. High schools across the country are required to release contact information of all juniors and seniors to the military. This information includes the student's name, address, and home phone number. **However**, the student or the parents of a student may request that this information not be released. If you or your student would like to have Lakeridge withhold contact information from the military, make sure you mark the appropriate box on the **Student Verification Report** that you received in the mail this summer. The form must be returned to our data processor for entry into our student information system. We will generate the list of students that we need to release to the military from the information we get from the returned forms. For more information, go to:

www.ed.gov/policy/elsec/leg/esea02/pg112.html and click on Section 9528. You can also check the Lake Oswego School District **Student Rights & Responsibilities** pamphlet.

REGISTER TO VOTE!

Please help us remind all students who will be turning 18 to register to vote. Then please encourage everyone to learn about current issues and vote at EVERY election.

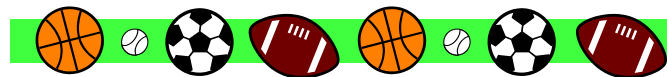
THE ANNUAL OUS VISIT will be on October 12th

The Oregon University System schools will be at Lakeridge on October 12th from 10am to 11am. All juniors will be required to attend and seniors can sign up on Naviance if they want to participate. Students will attend an introductory session in the auditorium and then be able to visit with the representatives from two different campuses of their choosing. In addition to the seven universities, Oregon, Oregon State, Portland State, Eastern Oregon, Western Oregon, Southern Oregon, and Oregon Institute of Technology, three community colleges will also be here, Portland CC, Clackamas CC, and Mt. Hood CC. Over 95% of our students use the Oregon University System either as first choice schools, backup schools, or they attend one after attending somewhere else initially. We have found the OUS visit to be an invaluable way to get important information to our students.

FRESHMAN CONFERENCES will be held October 26th to the 30th. Counselors will meet with all freshmen in small groups during their World History class. They will discuss freshman issues such as how to be successful in high school, how to get help when you need it, and how to prepare for whatever is the next best step after high school. Ask your son or daughter for more information!

PARENT SUPPORT GROUPS

PACER ATHLETIC CLUB



The purpose of the Pacer Athletic Club (PAC) is to raise funds to support the Lakeridge High School (LHS) Athletic Programs including both OSAA recognized and LHS Club Sports. The funds will provide equipment, services and other needs beyond the district's capability.

For more information visit our website:

www.pacerathleticclub.com



P.E.E.R.S.

All Pacer Parents are welcome to attend **PEERS** meetings (**P**arents **E**ncouraging **E**ducation, **R**ecognition and **S**ervice). Meetings are held monthly in the Rotunda and include updates from **Principal Mike Lehman** and **Counselor Lee Brown**. These meetings are relevant and helpful for parents to stay connected as students navigate through Lakeridge.

Please mark your calendar for **Thursday, October 15** at 9:15 am as we offer a presentation on college financial planning. This seminar will be applicable for parents from freshman through senior years. An evening session of this presentation will also be scheduled for working parents.

November's meeting is scheduled for **Friday, November 13** to coincide with report card distribution. Look for details in future Pacer Parent emails.

Our final meeting for 2009 will be **Friday, December 11**.

The 2010 meetings will be held:

Friday, Jan. 8

Friday, Feb. 5

Friday, March 12

Friday, April 23

All meetings will be held at 9:30am in the Rotunda. Hope to see you there!

For more information, please contact **PEERS** President **Michelle Kitto** at mlkitto@comcast.net or (503) 697-8208.



PACER CLUB

October is an exciting month for Lakeridge! We start off with the first ever cross-town rival football game at home on Oct 2nd. Go Pacers!



The Pacer Club is working hard to finalize our fund raising goals and priorities for our upcoming auction on Feb 20th at the Oregon Golf Club. This year we are committed to establishing a three year plan of fund raising priorities for Lakeridge Academics and Athletics, collaborated with the Administration and all its teachers and coaches. It will take time, but plan on making improvements in the process as we travel through the school year. Finally, I want to thank all of you for all your encouragement and support early on in the school year!

Sincerely,

Mark Sipiora
President, Pacer Parent Club

Pacer Club Student Directories

The **2009/2010 Student Directory**, produced by the Pacer Club, will be arriving mid October and will be delivered to your oldest student in their 2nd period class. Extra copies will be ordered and will be available, while they last. To join Pacer Club and receive your complimentary directory, or to order additional copies for \$5.00, please email Louise Deal @ Louise.deal@verizon.net



TID BITS



Pacer Club Email List Serve

The pacer parents list serve for Lakeridge is an informational site that sends emails out to all parents who request to be on the list for a variety of events at the school.. from athletic events, to performing arts, fundraising, pacer clothing, teacher luncheons, auction, PEERS, pacer parent meetings, volunteer opportunities, etc.. Some of the emails that come will be of interest to you and others will not. The list serve is unable to distinguish from grade level classes or activities that students are involved in; thus you will receive everything.(Usually about 10-20 emails a month).

If you are NOT receiving these emails, and would like to, please send me an email and I will add you to the list serve --send to Akschr@aol.com and let me know you would like to be on the pacer email list.

If this is something you feel you would like to continue to receive please make sure that my email address is on your safe list _ akschr@aol.com (pacerparents)

If you would like your name to be removed from the list you may send me an email or unsubscribe yourself from the emails received by sending to unsubscribe address below.

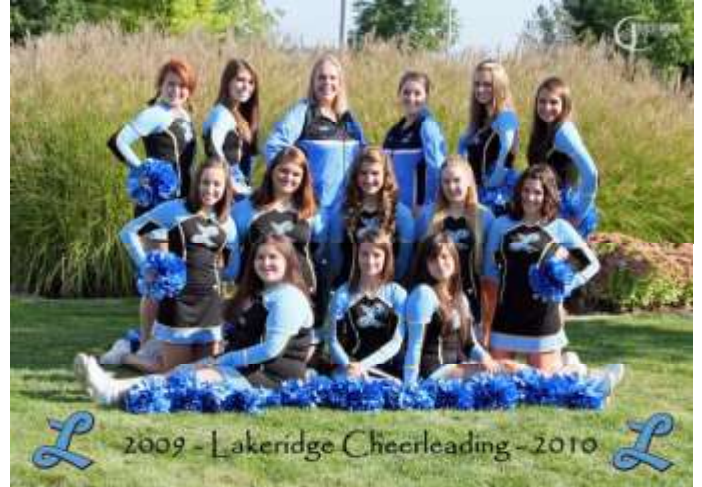
To unsubscribe from this group, send an email to: pacerparents-unsubscribe@yahoogroups.com

If you have some event, or volunteer opportunities of interest to the Lakeridge community please submit the following information to akschr@aol.com. Items should be written as you would like it sent out and please allow 24 hours notice for sending.

GO PACERS!

Judy Schrader,Pacer email list serve moderator

2009 HOME COMING CHEERLEADING



WHEN:

**October 22nd, 2009
5:00pm-7:30pm**

WHERE:

**Lakeridge High
Cafeteria**

WHO:

**All boys & girls
K-8th grade**

*Learn chants, sideline dances, jumps, and football etiquette from the award winning Pacer Cheerleaders!

*Cheer the first quarter of the Homecoming Game vs. Rex Putnam on Friday, Oct. 23rd.

COST: \$50.00 Includes: instruction, t-shirt, REAL cheerleader poms, hair bow, ticket into Homecoming Game and tons of fun!

*MAIL IN REGISTRATION BY OCT. 19th OR BRING THE DAY OF THE CLINIC!

For Registration form, go to: www.lakeridgecheer.com

The Pacer Report will **no longer be available in hard copy form. Each month we will email the Pacer Report and post it online at the Lake ridge website. Please be sure to read it each month for important information, dates, and the principal's monthly message. Thanks for your understanding in this new change.